



Pathways Family Services Foster Care News

“Providing children and families with safety, stability and belonging”

www.pathwaysfamilyservices.com
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September 2023

Volume 28, Issue 1

Please mark these upcoming event dates on your calendar:



**Tuesday, September 19th
Welcome Back Event**

9:30 to 11:30 am & 7:00 to 8:30 pm

Join us at the office for a fun welcome back/get to know you session featuring fun activities and prizes.

**Thursday, October 19th
Community of Practice (CoP)**

In person 9:30 to 11:00 am & Zoom 7:00 to 8:00 pm

**Wednesday, October 25th
Annual General Meeting & Policy Review**

One virtual session will be held from 7:00 to 8:30 pm

Attendance by at least one caregiver is mandatory.

**Wednesday, November 8th - Time TBD
Foster Care Appreciation Night**

We'll be attending a movie this year.

More details to follow.



Pathways office will be closed Monday, September 4th for labour day. Contact the on-call phone with any emergencies.



NOTE:

Pathways office will be closed Monday, October 2nd in lieu of September 30th for Truth and Reconciliation (Orange Shirt) Day.



Deadline for submissions to the October Newsletter is Tuesday, September 12th. Send any information to marla.schole@pathwaysfamilyservices.com



Back to School Shopping Reminders:

- The costs of school fees and supplies are covered by the Regional Authority or CSD site.
- Each child (particularly those who are not siblings) MUST have separate receipts! If receipts are NOT separated, they will be processed last (and there are a lot of them)! As well - we do ask that receipts are submitted in a timely manner.
- A list of required supplies provided by the child's school must accompany the receipts (these can usually be obtained from the school's website). If a list is not available, or you're purchasing items not on the list, the Case Worker/CSD Worker must pre-approve expenses.
- Exceptionally high priced items (e.g. calculators or expensive gym shoes) require Case Worker/CSD Worker approval before they're purchased.
- Receipts must always show the date on which the items were purchased as well as method of payment (e.g. cash, debit).
- Submit receipts electronically to general@pathwaysfamilyservices.com and cc your FCSW.



September Vehicle Registration:

Your vehicle registration will expire September 30th if the last name the vehicle is registered under begins with **F** or **Sc**

Indigenous Languages Corner

Cree

clothes
ayîwinîsa
eye WIN suh

hat
astôfîn
AHS toe tin

pants
mitâs
mit DAHS



Saulteaux

one
pěšik
PAY sik

two
nîs
nees

three
nihso
NIH so



Pronunciations are approximate. To hear a language spoken and for access to more words, download a language app to a tablet or smart phone. Apps used here are "Maskwacis Cree" and "Saulteaux."

Back to School Transition Tips:

Buy school supplies early: Try to get the supplies early and fill the backpacks a week or two before school starts. Older children can help do this. Make sure you use a checklist provided by the school.

Re-establish the bedtime and mealtime routines: Plan to do this (especially for breakfast) at least one week before school starts. Prepare your child for this change by talking about the benefits of school routines in terms of becoming over tired or overwhelmed by school work and activities. Include pre-bedtime reading and household chores if these were suspended during the summer.

Turn off screens: Encourage your child to play quiet games, do puzzles, flash cards, colour, or read as early morning activities instead of looking at screens. This will help ease your child into the learning process and school routine.

Designate and clear a place to do homework: Older children should have the option of studying in their room or quiet area of the house. Younger children usually need an area set aside in the family room or kitchen to facilitate adult monitoring, supervision & encouragement.

Select a spot to keep backpacks and lunch boxes: Designate a spot for your children to place their school belongings as well as a place to put important notices and information sent home for you to see. Explain that emptying their backpack each evening is part of their responsibility, even for younger children.





- Adapted from an article by Ted Feinberg, EdD, NCSP & Katherine C. Cowan, National Association of School Psychologists

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Pathways Family Services

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 	4 Office Closed	5  First Day of School (EPSB)	6	7	8 Direct Deposit Date	9
10	11	12	13	14	15 Payroll Cutoff At Noon	16
17	18 	19 Welcome Back Events See page 1	20	21	22 Direct Deposit Date	23
24	25	26	27	28	29 Payroll Cutoff At Noon	30 Orange Shirt Day 

Submit September Child/Youth
Month End Reports via
Pathways HUB