















www.pathwaysfamilyservices.com e-mail: general@pathwaysfamilyservices.com

November 2021

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#### Pathways AGM & Policy Review

Wednesday, October 27th
Times: 9:30 to 11:30 am & 7:00 to 9:00 pm Attendance by at least one caregiver per family is mandatory. Meetings will take place online - code to follow.



#### Join Us for Foster Parent Community of Practice (CoP) Sessions

Parenting can be isolating, and when like-minded people come together, a wealth of information and support can be found. Topics and meetings will be voluntary, group driven, collaborative, conversational, skill building, and solution focused.

Two sessions per month will be offered (afternoon and evening). Meetings are held on Zoom until we can resume in person.



#### Scheduled Dates at This Time:

Tuesday, October 19th at 1:30 pm Thursday, October 21st at 6:30 pm Tuesday, November 16th at 1:30 pm Thursday, November 18th at 6:30 pm

Ask your Support Worker or Tara Boucher for more information. Meeting codes are shared by email. Watch for CoP notices!

Pathways Office will be closed Thursday, **November 11th for Remembrance Day.** Call the on-call phone with any emergencies.





## Indigenous Languages

#### Cree

read avâmihcike eye MIT skay



dance nimîhto nee MICH doh

sing nikamô NIH ka moh



### Saulteaux

mountains asiniwaciw a SIN you ah chih





wilderness sakwakang seh KWA kong

Pronunciations are approximate. To hear a language spoken and for access to more words, download a language app to a tablet or smart phone. Apps used here are "Maskwacis Cree" and "Saulteaux."

#### Warning Signs of Cyber-Bullying

- Change in behaviour. For instance, your child is a good student but his/ her grades start going down.
- A child that used to sit on the computer for hours, doesn't do that anymore. They are reading or watching TV.
- They are not eating or eating too much.
- They are missing items or their clothing is damaged.
- They are suffering depression and anxiety. They don't want to go to school.

-Tina Meier, founder of the Megan Meier Foundation, an anti-bullying organization.

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#### Pathways Family Services

6758 - 75 Street NW, Edmonton, AB, T6E 6T9 Business Line: 780-488-2444

Fax: 780-488-2603

Sun	Mon	Tue	Wed	d Thu	Fri	Sat
	1	2	3	4	5 Official Direct Deposit Date	6
7	8	9	10	Office Closed	LEST WE FORGE	13
14	Payroll Cutoff at Noon	16	17	18	19	20
21	22 Official Direct Deposit Date	23	24	Child/Youth Health & Wellness Reports due for November		
28	29	Payroll Cutoff at Noon		Pľease subm to you	r FCSW	emember!