



Pathways Family Services Foster Care News

“Providing children and families with safety, stability and belonging”

www.pathwaysfamilyservices.com
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February 2021

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January Virtual Support Meeting

Wednesday, January 27th

Times: 9:30 to 11:00 a.m. & 7:00 to 8:00 p.m.

Join us for our first virtual support meeting! We want to listen to what you have to say! This interactive session will include “breakout” rooms whereby smaller groups of foster parents can interact together while discussing relevant topics on fostering.

\$100.00 Door Prize per meeting is up for grabs and no one says you can't join both!

Next meeting tentatively scheduled for Wednesday, February 24th.

Thanks to all who participated in Pathways Virtual Christmas Party. Even though it was different this year...Santa was still able to work some magic!



Pathways Office will be closed Monday, February 15th for Family Day. Call 780-499-4175 with any emergencies.

*Your vehicle registration will expire February 28, 2021
if the last name the vehicle is registered*



under begins with:

M (except Me) or Q

*Online vehicle registration is available through the
Alberta Government website at:
<https://www.alberta.ca/vehicle-registration-renewal.aspx>*

*If registering on-line, ensure you allow sufficient time for your registration to be
processed and mailed back to you - guidelines are listed on the website.*

*Deadline for submissions
to the March Newsletter is
Thursday, February 11th.*

*Contact Marla with
submissions by e-mailing*

marla.schole@pathwaysfamilyservices.com

Cree Language Corner



bat
apahkwâcis
ah pahk WAY sees

duck
sîsîp
see SEEP



What is Smudging?

Indigenous Elders have taught us that before a person can be healed or heal another, one must be cleansed of any bad feelings, negative thoughts, bad spirits or negative energy—cleansed both physically and spiritually. This helps the healing to come through in a clear way, without being distorted or sidetracked by negative “stuff” in either the healer or the client. The Elders say that all ceremonies, tribal or private, must be entered into with a good heart so that we can pray, sing, and walk in a sacred manner, and be helped by the spirits to enter the sacred realm.

Indigenous people throughout the world use herbs to accomplish this. One common ceremony is to burn certain herbs, take the smoke in one’s hands and rub or brush it over the body. Today this is commonly called “smudging.” In Western North America the three plants most frequently used in smudging are sage, cedar, and sweet-grass.



Pathways Family Services

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Fax: 780-488-2603

After Hours Emergency: 780-499-4175



February

2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Direct Deposit Date	6
7	8	9	10	11	12	13
14	15 Family Day Office Closed	16	17	18	19	20
21	22 Direct Deposit Date	23	24 Virtual Support Meeting	25	26	27
28					Child/Youth Health & Wellness Reports due for February. Please submit these directly to your FCSW	

