



# Pathways Family Services Foster Care News

“Providing children and families with safety, stability and belonging”

www.pathwaysfamilyservices.com  
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March 2020

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## In-Service Information

**In-Services take place Wednesday, March 25th**

**9:30 to 11:30 am & 7:00 to 9:00 pm**

Presentation by CASA

Child, Adolescent & Family Mental Health Services



**Important Notice**

## Contract Year End Financial Information



Our contract year end is approaching quickly (March 31st). We do ask that foster parents submit all receipts, mileage claim forms, training forms, etc. as soon as possible in March in order for us to process as much as we can before contract year end. A reminder that for children from CSD sites or Regions 7 and 10, Pathways faxes for approval for items from Recreation, Vacation and Initial Placement Funds.

NOTE: If you wish to utilize any funds that may be remaining for Recreation or Vacation Allowances from the 2019/2020 Contract Year, items must be purchased on or before March 31st, 2020 and receipts must be turned in no later than April 30th, 2020.

***If receipts are handed in after April 30th, we will be unable to reimburse you due to regional billing guidelines.***

PLEASE ALSO NOTE that the cost for any one single item or expense CANNOT be split between the old and new contract years.

Receipts for Recreation and Vacation Fund items that are dated April 1st, 2020 and after will be taken from the new 2020/2021 Contract Year. If you have any questions, don't hesitate to call your Support Worker or Marla at 780-442-0113. Thanks!!

# Training Reminders

A reminder that when contacting the office with training needs, please use this email:

[training@pathwaysfamilyservices.com](mailto:training@pathwaysfamilyservices.com)

As well - please book your training well in advance as sessions may be limited and fill up quickly. This will ensure your training doesn't expire. Thanks!



*Deadline for submissions to the April Newsletter is Thursday, March 12th. Call Marla at 780-442-0113 or email [marla.schole@pathwaysfamilyservices.com](mailto:marla.schole@pathwaysfamilyservices.com)*

## *Join us for an Aboriginal Event hosted by Pathways! "The Circle of Life & Teachings About Traditional Well-being and Holistic Ways of Knowing"*

A gathering with Pathways caregivers and staff  
Facilitator: Bob Cardinal



**Saturday, February 29th at ceremonial grounds - Enoch Reserve**  
**Time: 9:30 a.m. to 3:00 p.m. (all must commit to this time frame)**

Meet between 8:30 and 8:45 a.m. in the south side parking lot of River Cree Casino and follow staff out to Bob's (about 10 minutes away) Leona's contact number is 780-708-1538.

PLEASE NOTE: Adults only

Dress for some outdoor activity.

Ladies bring a long skirt to wear (can wear over pants) this is part of Cultural respect.

Also you may want to bring slippers for comfort (men too).

Bring your comfort items, maybe a blanket to sit on, but we will sit in chairs for the most part of the day.

Outhouses on site, but equipped.

Moon time - for us ladies...it is respectful to go outside when the Elder announces he'll prepare a smudge.

Lunch of soup and bannock is provided. Please let us know of any dietary restrictions.

Contact Leona directly or call 488-2444 to RSVP by February 25th.

***Feedback from previous sessions for this training has been awesome!***

***NOTE: It is Pathways intention that all our foster parents take this training.***



## ***Vehicle Registration Reminder***

Your vehicle registration will expire

March 31st, 2018 if the last name the vehicle is registered under begins with:

***B (except for BE) or Y***

What do you get when you cross poison ivy with a four leaf clover?  
A rash of good luck.

Never iron a four leaf clover because you don't want to press your luck.#



# Cree Corner

raccoon

owl

skunk

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OO ho

si GAHK



*Gateway Association and Disabilities Services  
are hosting the first ever*  
***Not Eligible for PDD? Now What?  
- a Transition Resource Fair***

*Tuesday, March 24th 9:00 am to 4:00 pm*

*(attendees can come and go -*

*no requirement to stay the entire day)*

*Gateway Association: #201, 10941 - 120 Street*

*(accessible entrance & parking via 119 Street)*

There are a growing number of young individuals with disability that do not meet the eligibility criteria for Persons with Developmental Disability (PDD) supports. Foremost on mind of caregivers is the question "What do we do next?" Transitioning into adulthood is not always limited to transitioning to adult services. It takes a vision with ideas, community resources and tools for community building, to co-develop a meaningful and inclusive life for the individual - the transition resource fair aims to facilitate just that.

The event is for parents, family members, foster parents, guardians, kinship supports, and professional caregivers.

*The event is free of charge*

*For additional information and to register go to:*

[eventbrite.ca/e/not-eligible-for-pdd-now-what-a-transition-resource-fair-tickets-90810010185](https://eventbrite.ca/e/not-eligible-for-pdd-now-what-a-transition-resource-fair-tickets-90810010185)

## Shape Your Life Youth Boxing Program

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### What is Shape Your Life?

Shape Your Life (SYL) is a free, trauma informed, non-contact boxing program for people who have experienced violence. SYL Toronto operates as a partnership between Dr. Cathy van Ingen, Professor in Kinesiology at Brock University and Joanne Green, Executive Director with Opportunity for Advancement who have partnered with Pathways and Mountain Plains to deliver this program in Edmonton. Health Canada is recognized as a grant funding contributor on this project

### What is trauma-informed?

SYL uses a trauma-informed approach which takes into account the lasting effects trauma has in the lives of participants. Trauma and violence-informed boxing is participant-centered and is built on knowledge about the impact of violence and trauma on people's lives and health. We run SYL in a way that integrates this knowledge into all aspects of the boxing program in ways that foster participants' safety, respect and empowerment.

The first female youth session will run (for 6 weeks) from **March 7th to April 11th - Saturdays from 10:00 am to 12:00 noon at South Side Legion Boxing Club**. We are also offering this to siblings and connected youth. Contact Michelle or Kristen for more details. Sign up now as space is limited. Rounds 3 & 4 will be for male youth.#



# Pathways Family Services

6758 - 75 Street NW,  
 Edmonton, AB, T6E 6T9  
 Business Line: 780-488-2444,  
 Fax: 780-488-2603  
 After Hours Emergency: 780-499-4175



# March 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6 Official Direct Deposit Date	7
8 Spring forward! 	9	10	11	12	13	14
15	16	17 	18	19	20 Official Direct Deposit Date	21
22	Spring		25 In-Services See Page 1	Break		28
29	30	31 Contract Year End		Child Youth Health & Wellness Forms due for March		